

Peter Geyer–Personality Type Course Outlines 2009

Using Personality Type for Coaching and Counselling

What the course is about: How to use personality type theory effectively in working with individuals.

The focus is on enabling normal, positive behaviour and reflection.

Core components of personality type theory, based on C.G.Jung's ideas and related models (e.g. John Beebe; David Keirse) will be discussed and their utility examined.

Topics include stress, communication, unconscious, type dynamics and development.

Suitable for: Personality type instrument users; Professionals with a working knowledge of type.

At the end of the course, participants will:

- Have a working knowledge of the use of type in coaching and counselling settings
- Be able to apply type-related strategies with clients of differing preferences
- Be able to teach clients useful strategies and methods
- Understand personality type-related aspects of being a coach/counsellor

Course preparation and materials:

No pre-reading required. Participants are encouraged to bring their own material for discussion.

They will receive a folder of relevant handouts.

Personality Type and Working Together

What the course is about: The interaction of psychological type preferences in the workplace: its possibilities and consequences e.g.:

- Change and stress; Performance/rewards
- Collaboration; communication (meetings; projects; teams etc.)
- Decision making; Leadership; Management task and role
- Organisations and type

The content of this course varies according to the needs of participants.

Suitable for: Personality type instrument users and those with a depth of practical experience of type in organisations.

At the end of the course, participants will:

- Be able to use type as a method of understanding organisations and their processes
- Have strategies to enhance communication and collaboration
- Be able to use type to help teams and other groups work effectively together
- Appreciate the different type perspectives of leading and managing, including being a follower

Course preparation and materials:

No pre-reading required. Participants are encouraged to bring their own scenarios and work issues to the course. They will receive a folder of relevant handouts.

Learning and Personality Type

What the course is about: Learning styles and personality type

- The development of personality, personality types and how this influences learning.
- Finding out your own learning preferences
- Learning environments and personality
- Learning strategies and personality

Suitable for: Personality type instrument users. Teachers, trainers and others seeking to know more about effective learning

At the end of the course, participants will:

- Be aware of the core components of personality type principles
- Be more confident in personality type interpretation and use
- Be able to talk about type and theory with others involved in learning
- Possess useful methods and strategies to apply in learning situations

Course preparation and materials:

Participants will complete the Majors PTI for the course. They will also receive course notes, including a relevant booklet.