

Peter Geyer – Course Descriptions

1. A Type Refresher

What the course is about: Revisiting the MBTI and type theory e.g.:

- How MBTI Form M works
- MBTI administration and interpretation
- Tips about effective presentation
- Fundamental principles of type theory (preferences; type dynamics/development etc.)

Suitable for: Accredited MBTI users who want to refresh and revise skills and knowledge.

At the end of the course: Participants will:

- Have revised the core components of understanding and using the MBTI
- Be more confident in MBTI interpretation and use
- Be able to talk about type theory with others in some depth.
- Possess useful methods and strategies to apply in different situations

Course preparation and materials: No pre-reading or preparation is required. Revisiting Accreditation materials or the MBTI Manual can be helpful. Participants are encouraged to contribute experiences regarding MBTI use to the course, including MBTI Forms. They will receive a comprehensive folder of handouts.

2. Using Type Theory for Coaching and Counselling

What the course is about: How to use type theory effectively in work with individuals.

The focus is on enabling normal, positive behaviour and reflection.

Core components of type theory and related models (e.g. John Beebe; David Keirsey) will be discussed and their utility examined. Topics include stress, communication, unconscious, type dynamics and development.

Suitable for: Accredited type instrument users; Professionals with a working knowledge of type.

At the end of the course: Participants will:

- Have a working knowledge of the use of type in coaching and counselling settings
- Be able to apply type-related strategies with clients of differing preferences
- Be able to teach clients useful strategies and methods
- Understand type-related aspects of being a coach/counsellor

Course preparation and materials: No pre-reading required. Participants are encouraged to bring their own material for discussion. They will receive a folder of relevant handouts.

Note: This course is not about the use of MBTI or other instruments. MBTI (Step I): Interpretation in depth is the most relevant course in this instance.

3. MBTI Step I Interpretation

What the course is about: A method of interpreting MBTI Form M item responses for deeper understanding of type results.

- Each question is identified with an MBTI Step II facet or subscale
- Enables you to know how a person has answered beyond the four sets of preferences.
- Particularly useful for *Slight* results e.g. a person prefers Intuition overall, but acts in a common-sense (Realistic) manner
- Question responses are also interpreted in a Jungian context incl. type dynamics and development

Suitable for: Accredited MBTI users, particularly those who use type in coaching and counselling. Useful for trainers as preparation, also directly with participants.

At the end of the course: Participants will:

- Be able to use this new interpretive method
- Be able to quickly interpret *Slight* preferences or unusual results in any setting
- Understand more about the questions that make up MBTI Step I
- Be able to help people arrive at a clearer understanding of their type preferences
- Be more effective in using MBTI and type

Course preparation and materials: No pre-reading required. Participants are encouraged to bring MBTI Step I answer sheets for discussion. They will receive a comprehensive folder of handouts

Note: This course is the result of original research. It is an interpretive method, not a scoring system.

4. Type and Working Together

What the course is about: The interaction of psychological type preferences on the workplace and its possibilities and consequences e.g.:

- Change and stress; Performance/rewards
- Collaboration; communication (meetings; projects; teams etc.)
- Decision making; Leadership; Management task and role
- Organisations and type

The content of this course varies according to the needs of participants.

Suitable for: Accredited type instrument users and those with a depth of practical experience of type in organisations who have type knowledge.

At the end of the course: Participants will:

- Be able to use type as a method of understanding organisations and their processes
- Have strategies to enhance communication and collaboration
- Be able to use type to help teams and other groups work effectively together
- Appreciate the different type perspectives of leadership and management, including being a follower

Course preparation and materials: No pre-reading required. Participants are encouraged to bring their own scenarios and work issues to the course. They will receive a folder of relevant handouts.

5. MBTI Step II Interpretation

What the course is about: An interpretive method for Step II results:

- Based on type dynamics and development and other aspects of C.G. Jung's ideas.
- A method presented for accessing and interpreting answers to individual questions
- Tips and guidelines for effective Step II feedback and presentations

Suitable for: Accredited MBTI Step II users who want to be more effective in using the Step II profile.

At the end of the course: Participants will:

- Be able to interpret MBTI Step II results more effectively and in more depth.
- Have access to two methods of interpretation not available elsewhere.

Course preparation and materials: No pre-reading required. Participants must provide a copy of their Step II profile prior to the course. Answer sheets are also welcome, if available. Participants may also bring their Step II accreditation materials to the course. They will be provided with a folder of relevant handouts

Note: This course is the result of original research. It is an interpretive method, not a scoring system. It is not a Step II qualifying or accreditation program.

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